Leanne Vogel is a nutrition educator, podcast host, YouTube personality, international bestselling author of *The Keto Diet*, and creator of healthfulpursuit.com, the popular website for those searching to change their lives through a whole-foods– based keto program. Leanne has gained worldwide recognition for her unique “no-limits”, paleo-friendly approach to the keto lifestyle and is the go-to nutritionist for those looking to achieve health, happiness, and body confidence through a high-fat, low-carb keto diet.

Leanne found keto during her personal struggles with health and weight loss. It transformed her life, and she immediately set out on a path to help others find the same success. Leanne launched her online nutrition program “The Keto Beginning” in October 2014 and then “Fat Fueled” in November 2015, and on her website and YouTube channel (healthfulpursuit.com/video) she provides daily motivation tips, recipes, advice for getting started with keto, maintenance plans, and help overcoming hurdles.

Leanne received her Holistic Nutrition Certification in 2007 from the Canadian School of Natural Nutrition and currently travels full time in an RV with her husband, Kevin, and their three fur children, Lexy, Pebbles, and Coconut.

Leanne’s recipes and healthy-living strategies have been featured on: Martha Stewart Living, Huffington Post, Women’s Health, AgainstAllGrain.com, LowCarb Conversations, The Diabetes Summit and more! For additional information, please visit www.healthfulpursuit.com.